# LucyWestlake

- Youngest American Woman to Summit Mount Everest
- Summited 5 of the 7 Continent's Highest Peaks
- Youngest Woman to Summit the Tallest Mountains in All 50 States
- University of Southern California Track & Field Student Athlete





"It's not about breaking records. It's about pushing limits. Not only my limits, but the perceived limits of girls and young women in the mountains. We can do so much more than we think we can. My goal in climbing the world's highest mountains is to inspire a generation of girls to pursue adventures in the mountains. I'm setting records for the next girl to break them."

- Lucy Westlake

## Bio

Lucy Westlake is a world-class athlete and American mountaineer. She holds an American Record as the youngest woman to summit Mount Everest and a World Record as the youngest female to summit the highest mountain in each of the 50 U.S. states. Lucy runs cross country and track for the University of Southern California and she is a 2x USA Triathlon Junior All-American. Lucy has a deep love for the outdoors and pushing her physical and mental limits to new heights. She lives by the mantra, Limits are Perceived, and continually challenges herself in her athletic pursuits.

Lucy began climbing mountains at the age of seven and she has now climbed 5 of the 7 continent's highest peaks. This summer Lucy will be climbing K2, the world's 2nd highest mountain, in Pakistan. If she reaches the summit, she will set a world record as the youngest woman to reach the top of K2. In 2022, Lucy was recognized as a History Marker at the Women's Sports Foundation Annual Salute to Women in Sports. She also received an ESPYS Humanitarian Award for her dedication to closing the gender gap in the sport of mountaineering.



# What's Next?



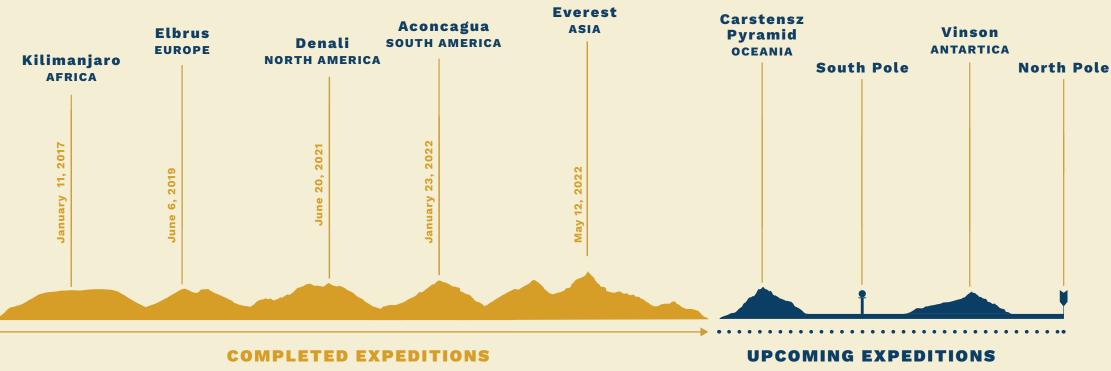
# **WORLD RECORD** ATTEMPT

If Lucy reaches the summit, she will set a world record as the youngest woman to reach the top.

June 17-July 30, 2023

# **Explorers Grand Slam**

The Explorers Grand Slam is an adventurer's challenge to reach the summit of each of the continent's highest peaks (the Seven Summits) and ski the last 60 nautical miles (69 mi/111 km) to reach the northernmost point (the North pole) and the southernmost point (the South pole) on Earth. To date, less than 75 people worldwide, 20 Americans, and 15 women have accomplished this challenge. Lucy's goal is to become the youngest American woman to complete the Explorers Grand Slam.





#### Lucy's Mission:

## **Inspiring the Next Generation to Fight for Gender Equality On & Off the Mountains**

Through the years of being in the mountains and seeing very few other girls her age, Lucy has a passion to create new ways for more young women to have access, training, and financial support to pursue adventures in the mountains. Mountaineering is a sport dominated by men – not because girls and women are not capable of achieving the same goals and dreams – there just hasn't been a clear pathway. Lucy has experienced the hardships of this reality and she is dedicated to breaking down the barriers of entry into the big mountain realm for young women to follow in her footsteps.

In 2022, Lucy received a Billie Jean King Foundation Youth Leadership Award as seed money to begin an annual scholarship through AWE Summit Scholarship Foundation awarding young women, ages 14-19, a multi-day trip to learn mountaineering skills and summit a high-altitude mountain. The skills academy and climb will provide teenage girls with little or no prior experience the opportunity to gain the skills needed for mountaineering from an all-women led team, including Lucy herself.



Billie Jean King Youth Leadership Scholarship

2023 Scholarship Sponsor Mount Baker • June 2-6



To learn more about the scholarship at summitscholarship.org/scholarship





#### Lucy's Cause:

## **Inspiring the Next Generation to Fight** for Safe Water for All People

Safe drinking water is not a privilege. It is a basic human right essential for survival, yet millions of people live without it. In 2017 when Lucy traveled to Africa to climb Mount Kilimanjaro, she also traveled to a rural village in Uganda to install a WaterStep M-100 chlorine generator in a community without access to safe drinking water. The village's only water source was a contaminated river miles away. Witnessing first- hand the impact a simple water system had on an entire village changed Lucy's life forever. At the age of 13, Lucy dedicated her life's work to helping solve our world's water crisis. Lucy has carried a WaterStep 'Save Lives with Safe Water' flag to the top of each of the five Seven Summits she has completed. She now also carries her own brand LucyClimbs 'Safe Water for All' flag to the tops of mountains to inspire others to join the fight.



Lucy partners with WaterStep, a non-profit organization working to provide safe waater to those in need.

> Lucy Westlake **Teen Board Founder East Africa Ambassador**





Many of these people have to walk miles in order to collect contaminated water from rivers. They only can bring back the amount they can carry. THEY DO THIS EVERY DAY!

Lucy sets out on each expedition to raise money and awareness for one of the most pressing health and environment issues our planet faces. Together, we can positively impact this world for future generations.

**Unsafe Water consumption is** responsible for 1.2 million deaths each year.



#### During Lucy's travels, she's seen first-hand how many people don't have access to safe drinking water.

# Media Coverage

## Television

#### **Today Show**

Meet Lucy Westlake, the 18-year-old who just became the youngest American woman to ever to summit Mt. Everest. 05.13.22

#### NBC Nightly News

Lucy Westlake becomes youngest American woman to climb Mount Everest 05.13.22

#### **Good Morning America**

Teenager sets record on Mt. Everest

05.20.22

#### **NBC News NOW**

At just 18, Lucy Westlake is now the youngest American woman to summit Mt. Everest.

05.13.22

## Print

#### Newsweek

Who is Lucy Westlake? Young Woman Sets Record for Climbing Mount Everest 05.13.22

#### **People Magazine**

Chicago Teen Makes History as Youngest American Woman to Reach the Top of Mt. Everest 05.13.22

#### **Outside Magazine**

American Teen becomes youngest ever to summit Mt. Everest.

05.13.22

#### Wall Street Journal

Climbers Notch Historic Feats Trekking Mount Everest 05.13.22



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